



Welcome to Littlecourt



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Set in the vibrant heart of historic Totnes, Littlecourt offers a unique approach to supported living where independence and community spirit flourish side by side. Our purpose-built accommodation has been thoughtfully designed to create an environment where residents can embrace life on their own terms whilst knowing support is always at hand.

Living at Littlecourt means being part of something special - a close-knit community where every individual's choices and lifestyle are respected and celebrated. Here, you'll find the perfect balance between maintaining your independence and enjoying the security of professional support when you need it.

Whether you're looking for a permanent home or considering a short-term stay, Littlecourt offers a welcoming environment where you can truly feel at home.

Our Caring Community

Littlecourt represents a fresh approach to supported living, where the focus is on enabling each person to live life to the fullest. We believe that maintaining independence whilst having access to support creates the foundation for a fulfilling lifestyle.

Our dedicated team works to ensure that every resident feels valued and supported in making their own choices about daily life. We take time to understand each person's preferences and requirements, creating an environment where individual needs are met with understanding and professionalism.

Visit us to experience firsthand how our approach to supported living could enhance your lifestyle or that of your loved one.



Your Private Haven

Our thoughtfully designed accommodation includes a self-contained one-bedroom flat at street level, plus four single rooms, each with their own private en-suite bathroom. A Thyssenkrupp stairlift provides easy access to two of the bedrooms located on the first floor.

Our facilities include:

- A welcoming communal lounge perfect for socialising
- Well-equipped shared kitchen and dining spaces
- Modern Wi-Fi connectivity throughout
- Peaceful gardens with full accessibility
- Cosy dining and living areas
- Quiet spaces for private conversations with visitors

Each room and our flat can be personalised to create your own distinctive space, whilst our communal areas offer plenty of opportunities to enjoy company when you choose.





Care That's Tailored to You

At Littlecourt, we offer flexible, person-centred care that adapts to your changing needs.

Our care provision includes:

- Community alarm / careline with 24/7 on-call support from our experienced care team
- Personal care support as needed (prompting/minimal assistance with washing, dressing, showering)
- Laundry support
- Medication management
- Preparation of all meals
- Arranging and coordinating healthcare appointments

We understand that everyone's care needs are unique. That's why we work closely with each resident to create a personalised care plan that respects their independence whilst providing the right level of support.

Our Outstanding Team

The heart of Littlecourt lies in our exceptional care team. Julia, with over a decade of service and valuable nursing experience, exemplifies our commitment to excellence in care. Her expertise helps guide best practices throughout our community.

We're proud of team members like Chantelle, whose natural empathy and dedication to resident care showcase the calibre of support we provide. Our commitment to continuous learning means many of our staff are advancing their skills through Health and Social Care Certificates at levels 3, 4, and 5, ensuring we maintain the highest standards of care.

“

Choosing an assisted living facility for my aunt was a difficult decision, but Littlecourt in Totnes has exceeded all our expectations. The staff are incredibly kind and professional.

”





Culinary Delights, Just Like Home

Mealtimes at Littlecourt are always something to look forward to. Our skilled chefs in the Ridgescourt kitchen craft delicious home-style meals that cater to every taste and dietary requirement.

Our menu features:

- Hearty classics from cottage pies to fresh fish dishes, pasta bake and spaghetti bolognese
- Light lunches including homemade soups and prawn cocktails
- Our popular Friday fish and chips
- Traditional Sunday roasts
- Tempting desserts from classic trifle to fresh pavlova

Begin each day with your choice of breakfast from our continental selection, including fresh fruits, cereals, and toast, all served with your preferred morning beverage.

A Community Full of Life

We believe in creating opportunities for both activity and relaxation.

Our residents enjoy:

- Energising fitness sessions
- Gentle yoga classes
- Live music from local performers
- Mental stimulation through puzzles and quizzes

Your wellbeing is our priority, supported by regular visits from healthcare professionals including our chiropodist, dentist, and optician.

“

I was nervous about needing assistance with some things, but the team here has been wonderful. They give me the help I need while still letting me feel independent. I enjoy having my privacy in my room but also love joining the group for meals and activities.

I feel truly cared for.

”



Discover Totnes Living

Littlecourt's location in the heart of Totnes offers the best of Devon life right on your doorstep. This charming market town is steeped in history, with the magnificent Totnes Castle standing guard over its characterful streets.

Our residents enjoy easy access to the town's welcoming array of local shops and traditional pubs, whilst the creative spirit of Totnes can be discovered at attractions like China Blue.

The nostalgic charm of the Dartmouth Steam Railway provides a delightful way to explore the local area, and with a convenient bus stop right outside our home, getting out and about is always straightforward.

The gentle flow of the River Dart completes our picturesque setting, making Littlecourt an ideal place to enjoy both town amenities and the natural beauty of South Devon's countryside.



Transparent Pricing for Peace of Mind

We understand that considering the financial aspects of supported living is an important part of your decision-making process. At Littlecourt, we believe in being completely transparent about our pricing structure to help you plan with confidence.

Our supported living service at Littlecourt is offered at a set weekly fee (please contact us for more details). This comprehensive fee covers your accommodation, utilities, council tax, and all the care and support services we've outlined in the previous sections.

Whilst our weekly rate covers most needs, there may be instances where additional support is required. Our team conducts thorough assessments to determine if extra assistance is necessary, always with your wellbeing and safety in mind.





A Warm Welcome Awaits

We'd love to welcome you to Littlecourt and show you around our wonderful home. Visiting times are flexible, and we encourage family and friends to be an active part of our life here.

To arrange a visit or for more information, please contact us:

 **07704 573281**

 **info@southdevoncareservices.co.uk**

 **Littlecourt Supported Living Accommodation
Bridgetown Hill, Totnes, Devon, TQ12 5BH**

Choosing a supported living home is an important decision, and we understand you may have many questions about life at Littlecourt.

Come and see for yourself how Littlecourt could be your perfect new home. We're looking forward to meeting you and showing you how supported living can open up a world of possibilities.